MULTICULTURAL SERVICES CENTRE

## My Health Our Health

OCTOBER 2018

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## My Health our Health Quarterly Update

My Health Our Health, has had a fantastic quarter. We have continued testing various CALD communities for Hepatitis B & C and other blood-borne viruses. Currently, over 3000 people have been reached through the program. We

young CaLD community at High Schools and have had ongoing sessions requested by the students.

#### Sharing Good News About Hepatitis

MHOH is happy to an-

nounce that all three people, who tested positive for Hepatitis C, have been successfully treated and report to be living healthy, normal lives. Furthermore, another three people in a recent testing are all being followed up. If you haven't done so yet, we encourage you, your family and your community to get tested for Hepatitis. Please call us





have good reach out to the

#### **Bilingual Training for CALD Community**

MHOH recently completed training for bilingual workers to engage communities. Language is a large barrier, which discourages people from getting health tests and checks.

Hence, why the training

of community Bilingual leaders is so important, to enable the discussions and testing around Hepatitis to occur.

Please see the next page for photos.



### The Hepatitis Videos

A few months ago, The MHOH program released 3 and 5 minute videos on Hepatitis B and C. The videos were made available in 4 different languages.

Community have responded very positively to the videos. Through the Facebook link we have reached over 2000

people, the videos through our MSCWA home page received over 700 views. The videos are available on the Multicultural Service website, under the MHOH program tab.



Interested in culturally appropriate information sessions for your community or group? Contact the MHOH Team on 9328 2699

#### **Upcoming Training Sessions at Tafe in November**

#### INFORMATION SESSION

#### LOOK AFTER YOURSELF AND LOOK AFTER YOUR FAMILY

October 11, 18, 25 November 1, 8, 15

Will run for an hour with refreshments

My Health Our Health (MHOH) Program

**Blood Borne Viruses** 

Transmission and Treatment

#### **Photos from Our Recent Bi-Lingual Training Session**





## **Community Photo Gallery**

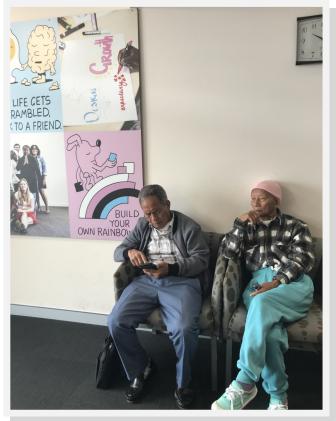
MHOH would like to share some photos from our recent community events. Thank you to all those involved in making the events possible and also to those who participated.



Left: Community getting tested as part of the MHOH program

Right: Community seated in front of the art work from the Harmony Art Collective Workshops, which were organised by the SBS





# Community Photo Gallery from the SBS Harmony Art Workshops

